

# Sports Medicine Of Baseball

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sports medicine of baseball includes all encompassing coverage of the evaluation and treatment of common problems encountered in baseball players at all levels of competition a large portion of the book focuses on shoulder and elbow problems given the high number of shoulder and elbow injuries that affect baseball players

publisher s note products purchased from 3rd party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product headed by the team physicians of the new york yankees and the chicago white sox baseball sports medicine covers all aspects of this multi faceted area including injury prevention management of injuries when they occur rehabilitation protocols and outcomes it s an ideal reference for all health care providers who care for patients at all levels of the sport from children and adolescents through the major leagues

in this issue of clinics in sports medicine guest editor and head team physician of the philadelphia phillies dr steven cohen brings his considerable expertise to the topic of the baseball athlete top experts discusses the diagnosis treatment and management of injuries specific to baseball athletes articles highlight common injuries not just in the shoulder and elbow but also in the hand and wrist knee spine and pelvic and core muscles the goal is to help orthopedic surgeons treat baseball athletes after an injury to get them ready to play and to prevent those injuries from occurring again articles also highlight physical therapy and rehabilitation strategies for the athletes contains 17 relevant practice oriented topics including examination of the throwing shoulder and elbow return to play throwing programs concussions in baseball players mental health care of the baseball player evaluation and preparation of the baseball player in the athletic training room and more provides in depth clinical reviews on the baseball athlete offering actionable insights for clinical practice presents the latest information on this timely focused topic under the leadership of experienced editors in the field authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

sports medicine of baseball includes all encompassing coverage of the evaluation and treatment of common problems encountered in baseball players at all levels of competition a large portion of the book focuses on shoulder and elbow problems given the high number of shoulder and elbow injuries that affect baseball players the text will also cover lower extremity

injuries spine conditions and common medical problems that may be encountered of special interest to athletic trainers topics such as different training regimens for in season versus off season workouts and tailoring throwing programs for relievers and starters is given particular attention provided by publisher

this book is written exclusively for the sport of baseball coaches referees players parents and athletic trainers from grade school to college will find the information on baseball injuries an invaluable resource for prevention and treatment also important is the comprehensive coverage of the physical mental and nutritional aspects of playing

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